

# Troop 71 - Winter Back-Country Cabin Pack List

## General:

- Backpack (internal frame preferred for winter trips)
- Sleeping bag rated to 20 degrees.

## Wear: (NO cotton! - wear wool, polypropylene, or polarfleece)

- Loose long pants (no jeans, but insulated ski bibs are OK)
- Long sleeved shirt (wool or polypro)
- Winter hiking boots or Sorrells, with wool or poly socks
- Poly liner socks (a good idea for comfort with wool socks)
- Wind-breaker jacket with hood (Wear or pack for easy access)
- Wind-pants sprayed with silicone or snow-pants or ski bibs (pack for easy access)
- Hat/Balaclava, wool or poly that will cover ears (Wear or pack for easy access)
- Wool, polypro, or fleece mittens - TWO PAIR (Wear one, pack spare pair for easy access)
- Waterproof/snow-proof gaiters to keep snow out of boots
- Sunglasses and/or goggles - Ultra-Violet blocking lenses

## Personal gear and extra clothing: (Pack in stuff sacks or zip lock baggies to keep dry and organized)

- Trail snacks - high carbohydrate, low protein in a form that can be readily eaten while hiking
- Waterproof poncho
- Toilet Kit (Ivory soap, toothpaste/brush, comb, deodorant)
- Toilet paper, white, no perfume, partial roll with cardboard tube removed, in zip-lock bag
- 2 water bottles, 1 liter, with insulating covers (old socks)
- Socks, 2 extra pair, wool or poly
- Spare long pants/shirt if desired (wool or poly fleece)
- Long john tops and bottoms (Poly or wool)
- Wool sweater or heavyweight poly fleece sweater (Wear or pack for easy access)
- Survival kit
- Map and compass
- Eating utensils (knife, fork, spoon, bowl, plate, cup)
- Pocket knife (If you have a Totin' Chip - NO axes)
- Trash bags, small, 4 or more (various uses including boot liners)
- Small (AA) flashlight with spare batteries and bulb
- Fire starting kit including matches in waterproof container
- Required daily/emergency medications
- Emergency sewing/repair kit (including for ground pad)
- First aid kit (small basic type)
- Snowshoes with good bindings pre-tested to fit boot

## Optional: (Depending on destination, route, weather and trail conditions)

- Nylon mitten over-mitts
- Frisbee (for digging in snow)
- Slippers, booties, or moccasins for cabin use
- Small camera with film and batteries
- Pack cover, waterproof
- Sleeping pad (closed cell)
- Harmonica or other small musical instrument
- Step-in crampons and poles if you own them
- Sunscreen and UV-protective lip balm

**Group Gear:** (Leaders will assign this gear to individuals at departure)

- Cooking kit/utensils
- Backpacking stove with spare fuel bottles & snow board
- Biodegradable dish soap (Camp Suds) (protect from freezing)
- Nylon scrubbies (soap-less)
- Small amount of paper toweling
- Food & trail snacks, meals pre-measured/packed - Allow extra
- First aid kit, group type, pre-loaded for type of trip

*If you don't really need it, leave it out. Ounces add up to pounds!*

**REMEMBER: NO COTTON CLOTHING ALLOWED ON WINTER BACK-COUNTRY TRIPS**